ISSUE #02

BICO Newsletter

BURY ST EDMUNDS ISLAMIC CULTURAL ORGANISATION
IQRAA ARABIC AND ISLAMIC SCHOOL

November 2026

Assalamu alaikum wa rahmatullahi wa barakatuh

Welcome to our second newsletter! We've had an exciting October.

The clocks have gone back and as much as we enjoyed that extra hour of sleep, for many of us, reduced exposure to daylight can affect our mood and energy levels.

The change of seasons can affect our well-being and is supported by scientific evidence. Sunlight triggers the production of serotonin (often referred to as the 'happy hormone').

Our religion beautifully addresses this through the concept of the Ummah.

And this starts right here, within our local communities, where congregational prayers, volunteering and simply showing up for one another is the core of our belief.

We also need connection, kindness and a sense of belonging especially when many of us are home away from home.

So please don't hesitate to reach out for a casual chat, show up for Salah, volunteer or simply make time for yourself through exercise.

Our beloved Prophet (SAW) said:

“You see the believers as regards their being merciful among themselves and showing love among themselves and being kind, resembling one body...”
- Sahih al-Bukhari 6011 (excerpt)

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Bury Masjid Renovation

Please donate generously for Prayer Hall renovation.

We have reached 42% of our target.



LEADERSHIP IN THE COMMUNITY

London Trip: Details & Reflection

We had a lovely trip to Central Mosque London. It was full of conversation, laughter, duas, reminders of Surah Kahf and plenty of treats.

We prayed Jummah, followed by Namaz-e-Janazah, a humbling experience to pause, be present and be grateful.

We also discovered that our sister Kim Clarke is a talented tour guide! We managed to fit in some sightseeing along the way.

Nagla is planning more trips, so watch this space!

Nucleus

Women are often the roots of a thriving community. A tree draws its strength from its roots, allowing it to grow, flourish and bear fruit.

It has been lovely to see the women at BICO take the lead so naturally, helping to create the supportive community every family needs. As they say it takes a village!

A special shout-out to the brothers too, as husbands, sons and brothers, who support these efforts. It is a reflection of their confidence and partnership.

May our Rabb (swt) accept our efforts. Ameen.

Leading by Example

We have a new doctor in our community! Dr Elhem Loukily has successfully completed her MBBS and BSc at Imperial College London.

Nadia, a very proud auntie, shared how Elhem has worked incredibly hard and persevered despite the odds. MashaAllah, TabarakAllah!

We pray that our children become a source of Sadaqah-e-Jariyah for us. O Allah, guide us to the truth, guide others through us and make us instruments of guidance. Allahumma Ameen.

Football Club (Ages 10 & over)

Finally, the Football club for boys starts from Saturdays, term time.

Please join the WhatsApp to sign-up and updates, via QR coc





Little Muslim Club

Little members of our community are getting together to have a fun-filled day at the Masjid on the 14th.

Please register via the QR code, as spaces are limited.

Youth Club - Girls

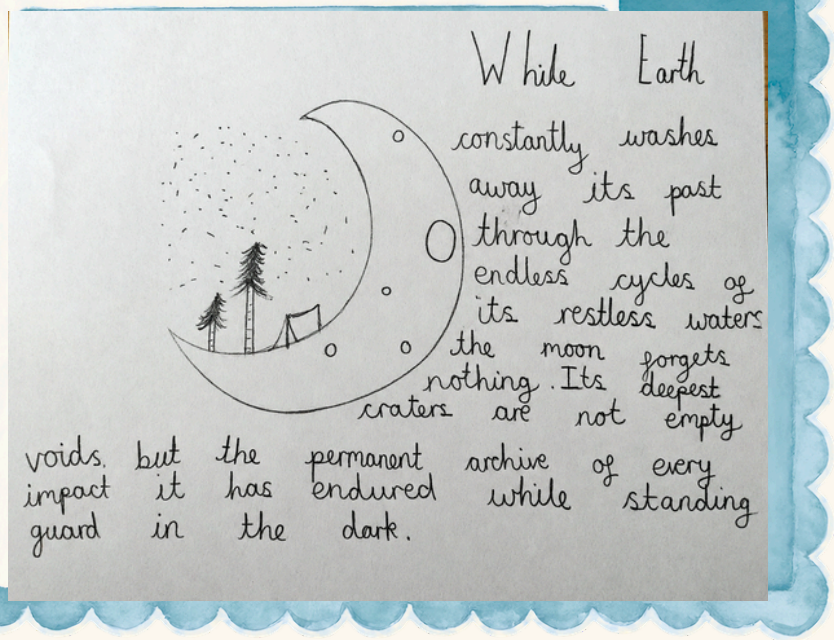
The girls' club is meeting on the 21st to celebrate sisterhood. They will make friendship bracelets and foster creativity.

These activities help them build leadership and mentorship skills and discover more about community.

Please register via the QR code, as spaces are limited.



THE YOUTH EDIT

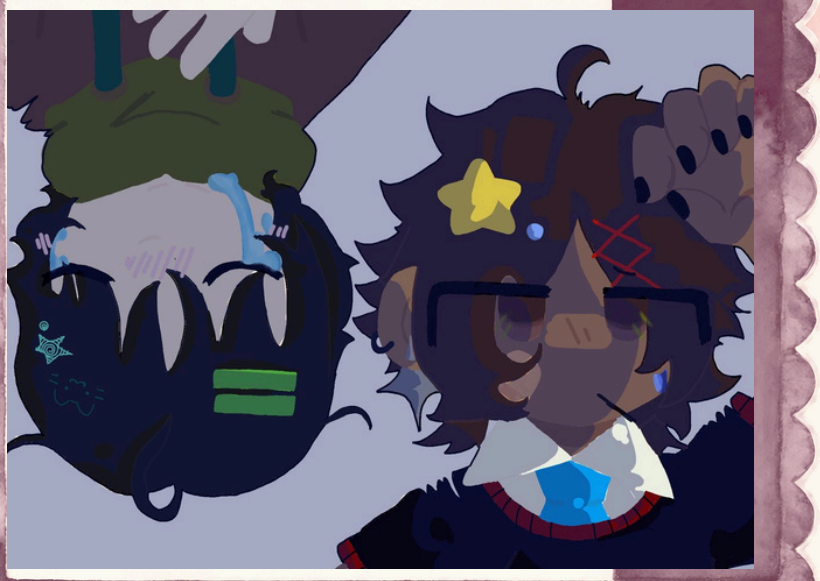


Anaya - Sharing a reflection





Zoya - Appreciating Autumn.



Sofia - Digital Illustration



2026 November

1448 Jumada al-Awwal Jumada-al-Akhirah

☆ Daily: Special Tajweed sessions with Teacher Samah. Ages: 5 Years & over. Please refer to page no. 7 for the schedule. ☆

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Youth Club - Boys
2 Sisters' session: Hadith Online Evening (Time varies)	3	4 Flotilla Volunteer Talk (Oddfellows Hall, 6:30pm)	5 Thursday Talks after Maghreb	6 Sisters' sessions: Tajweed Online Afternoon Tafseer Online Evening (Time varies)	7 IQRAA Football Club: Boys 3 - 4pm	8 IQRAA School - 10am -4.30pm
9 Sisters' session: Hadith Online Evening (Time varies)	10	11 Jumada-al-Akhirah *	12 Thursday Talks after Maghreb	13 Sisters' sessions: Tajweed Online Afternoon Tafseer Online Evening (Time varies)	14 IQRAA Football Club: Boys 3 - 4pm Little Muslim: Kids Club - 1.30 - 4.30pm	15 IQRAA School - 10am -4.30pm
16 Sisters' session: Hadith Online Evening (Time varies)	17	18	19 Thursday Talks after Maghreb	20 Sisters' sessions: Tajweed Online Afternoon Tafseer Online Evening (Time varies)	21 IQRAA Football Club: Boys 3 - 4pm Youth Club: Girls - 1.30 - 4.30pm	22 IQRAA School - 10am -4.30pm
23 Sisters' session: Hadith Online Evening (Time varies)	☆ 24	☆ 25	☆ 26 Thursday Talks after Maghreb	27 Sisters' sessions: Tajweed Online Afternoon Tafseer Online Evening (Time varies)	28 IQRAA Football Club: Boys 3 - 4pm	29 IQRAA School - 10am -4.30pm
30 Sisters' session: Hadith Online Evening (Time varies) Sister's coffee morning -10am	Ayyām al-Bīḍ are 13th, 14th and 15th of the lunar month*					

To join the relevant WhatsApp Group, please refer 'Directory' page no. 7
*Subject to Moon sighting

Bury St Edmunds mosque
November Prayer Timetable

1448 H/2026

NOV	DAY	JUMADA AL-AWWAL/AL-THANI	FAJR		SUNRISE	ZUHUR/JUMU'AH		ASR		MAGRIB		Isha	
			BEGINS	JAMA'AT		BEGINS	JAMA'AT	BEGINS	JAMA'AT	BEGINS	JAMA'AT	BEGINS	JAMA'AT
1	Sun	21 J-Al-Awwal	05:15	06:30	06:52	11:46	13:00	13:59	14:00	16:31	16:36	17:55	19:30
2	Mon	22 "	05:17	06:30	06:54	11:46	13:00	13:58	14:00	16:29	16:34	17:53	19:30
3	Tue	23 "	05:19	06:30	06:56	11:46	13:00	13:56	14:00	16:27	16:32	17:52	19:30
4	Wed	24 "	05:20	06:30	06:58	11:46	13:00	13:55	14:00	16:26	16:31	17:50	19:30
5	Thu	25 "	05:22	06:30	07:00	11:46	13:00	13:53	14:00	16:24	16:29	17:49	19:30
6	Fri	26 "	05:24	06:30	07:01	11:46	13:00	13:52	14:00	16:22	16:27	17:47	19:30
7	Sat	27 "	05:25	06:30	07:03	11:46	13:00	13:51	14:00	16:20	16:25	17:46	19:30
8	Sun	28 "	05:27	06:30	07:05	11:46	13:00	13:49	14:00	16:19	16:24	17:44	19:30
9	Mon	29 "	05:29	06:30	07:07	11:46	13:00	13:48	14:00	16:17	16:22	17:43	19:30
10	Tue	30 "/1 Al-Thani	05:31	06:30	07:09	11:46	13:00	13:47	14:00	16:15	16:20	17:41	19:30
11	Wed	1/2 "	05:32	06:30	07:11	11:46	13:00	13:46	14:00	16:14	16:19	17:40	19:30
12	Thu	2/3 "	05:34	06:30	07:12	11:46	13:00	13:44	14:00	16:12	16:17	17:39	19:30
13	Fri	3/4 "	05:36	06:30	07:14	11:46	13:00	13:43	14:00	16:11	16:16	17:38	19:30
14	Sat	4/5 "	05:37	06:30	07:16	11:46	13:00	13:42	14:00	16:09	16:14	17:36	19:30
15	Sun	5/6 "	05:39	06:30	07:18	11:47	13:00	13:41	14:00	16:08	16:13	17:35	19:30
16	Mon	6/7 "	05:41	07:00	07:19	11:47	13:00	13:40	14:00	16:07	16:12	17:34	19:30
17	Tue	7/8 "	05:42	07:00	07:21	11:47	13:00	13:39	14:00	16:05	16:10	17:33	19:30
18	Wed	8/9 "	05:44	07:00	07:23	11:47	13:00	13:38	14:00	16:04	16:09	17:32	19:30
19	Thu	9/10 "	05:46	07:00	07:25	11:47	13:00	13:36	14:00	16:03	19:08	17:31	19:30
20	Fri	10/11 "	05:47	07:00	07:26	11:48	13:00	13:35	14:00	16:01	16:06	17:30	19:30
21	Sat	11/12 "	05:49	07:00	07:28	11:48	13:00	13:35	14:00	16:00	16:05	17:29	19:30
22	Sun	12/13 "	05:50	07:00	07:30	11:48	13:00	13:35	14:00	15:59	16:04	17:28	19:30
23	Mon	13/14 "	05:52	07:00	07:31	11:48	13:00	13:34	14:00	15:58	16:03	17:27	19:30
24	Tue	14/15 "	05:53	07:00	07:33	11:49	13:00	13:33	14:00	15:57	16:02	17:26	19:30
25	Wed	15/16 "	05:55	07:00	07:35	11:49	13:00	13:32	14:00	15:56	16:01	17:26	19:30
26	Thu	16/17 "	05:56	07:00	07:36	11:49	13:00	13:32	14:00	15:55	16:00	17:25	19:30
27	Fri	17/18 "	05:58	07:00	07:38	11:50	13:00	13:31	14:00	15:54	15:59	17:24	19:30
28	Sat	18/19 "	05:59	07:00	07:39	11:50	13:00	13:31	14:00	15:53	15:58	17:24	19:30
29	Sun	19/20 "	06:01	07:00	07:41	11:50	13:00	13:30	14:00	15:52	15:57	17:23	19:30
30	Mon	20/21 "	06:02	07:00	07:42	11:51	13:00	13:30	14:00	15:52	15:57	17:23	19:30

Donate via Bank Transfer
Name: Bury St Edmunds Islamic Culture
Sort Code: 82-12-08
Account Number: 10108115

Bury St Edmunds mosque:
15a Out Westgate,
Bury Saint Edmunds, IP33 3NZ

DIRECTORY: WHATSAPP GROUPS

Schedule for Tajweed Classes with Teacher Samah.

- Saturday at 9.30 am: Pre - Intermediate
- Monday at 6 pm: Beginners 1
- Tuesday at 8 pm: Beginners 2
- Thursday at 7 pm: Intermediate
- Friday at 8 pm: Advanced

New Muslimah (WhatsApp group)

Teacher Umm Majeed Tajweed & Hadith Fridays & Mondays Online for sisters. (WhatsApp Group)

Teacher Bahiya Tafseer: Friday Evenings Online for sisters. (WhatsApp Group)

Young Muslim Club: 14 Nov (Registration)

Youth Club -Girls (WhatsApp Group)

Youth Club -Boys (WhatsApp Group)

IQRAA Football Club - Boys Every Saturday (WhatsApp Group)